



EUROPEAN MOBILITY FOR YOUNG COOKS

Project 2014-1- IT01-KA102-002210

RESULTS OF THE PARTICIPANTS REPORT FORMS KA1 Vet

14 students attending the FEDERICO ALBERT INSTITUTE at LANZO TORINESE (ITALY) had their intership experience in GREAT BRITAIN and PORTUGAL from December 2014 to June 2016

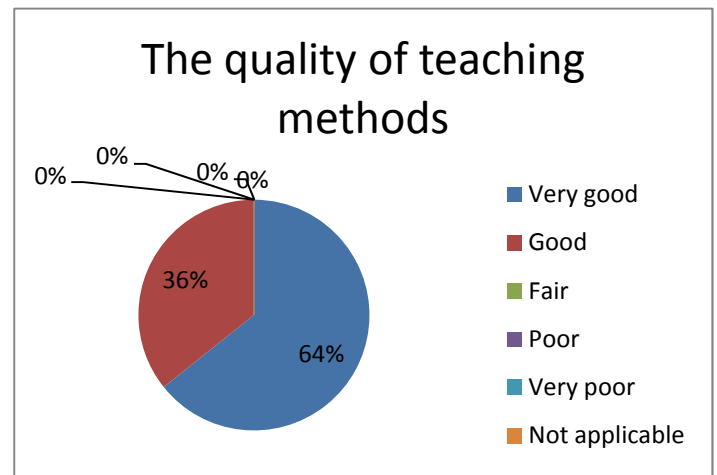
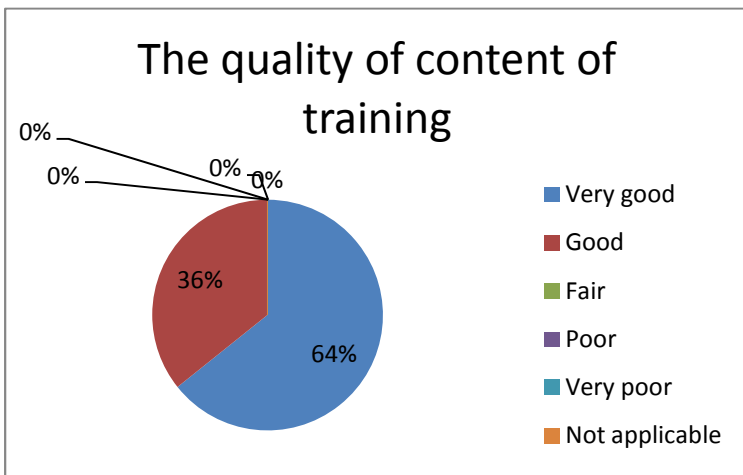
Participant General Information

What were your main motivations for studying/training abroad?

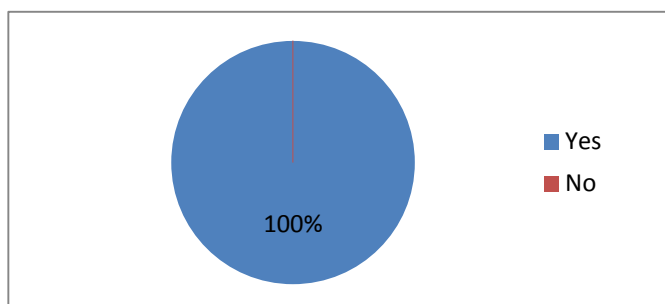


Quality of Studies/Training

How would you evaluate the quality of learning and teaching at the receiving institution?

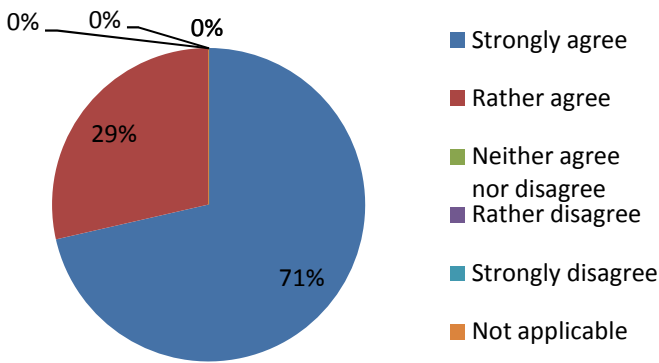


Did you gain knowledge, skills or competences or professional experience that you would not have gained in your sending institution?

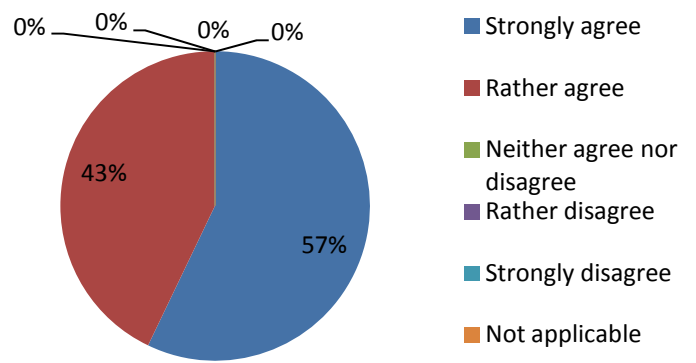


How would you evaluate the quality of support at your sending and receiving institutions?

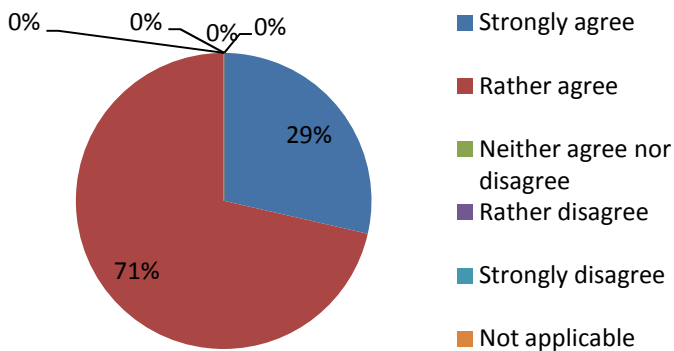
I was given proper help to find a suitable host organisation



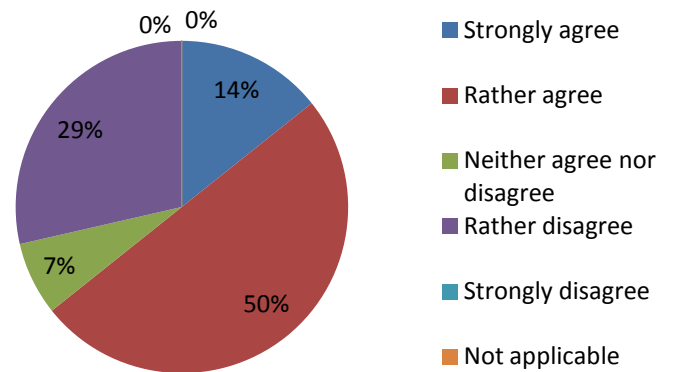
The organisation where I was trained met my needs



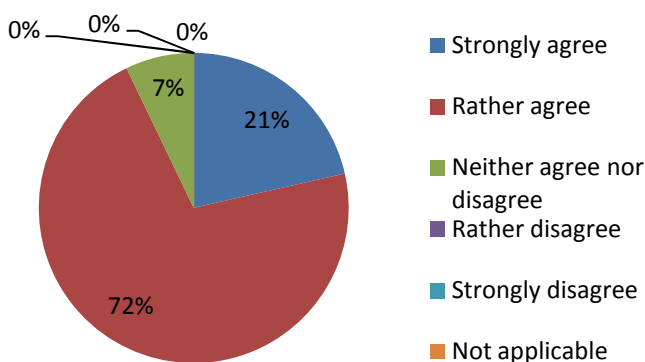
I knew clearly what I was expected to do and learn during my training abroad



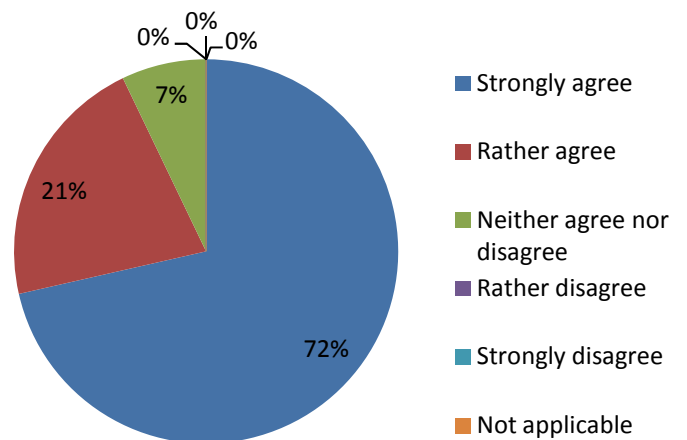
The training duration was long enough for me to fulfil my training objectives



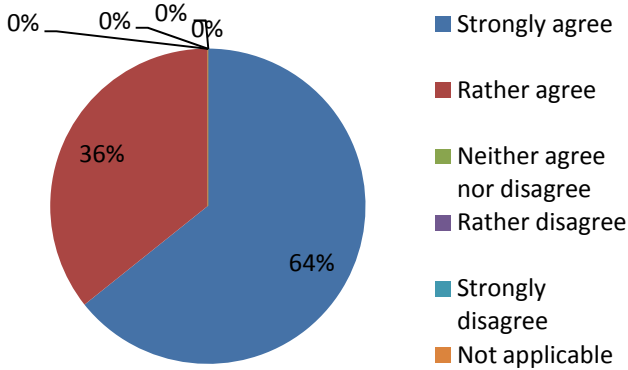
The proposed activities were directly related to my training objectives in my home country



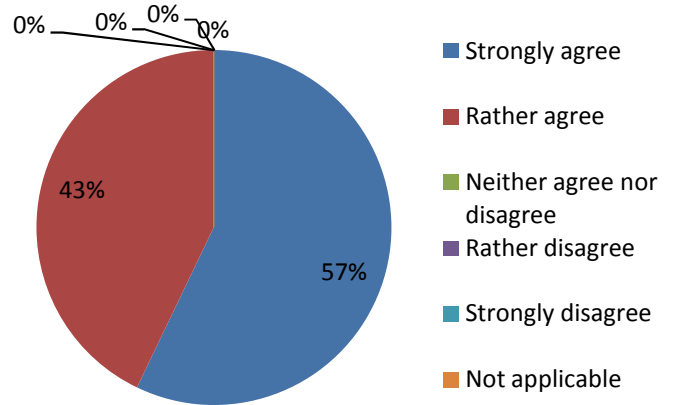
I was provided with proper equipment



I knew who the person assigned to help me carry out my training and check my results was

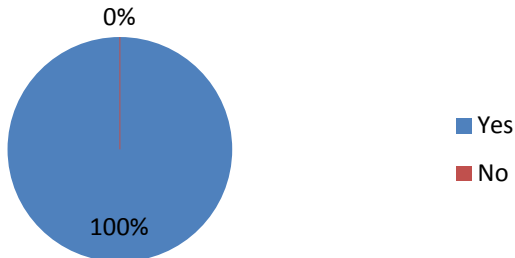


My sending organisation was helpful during my placement

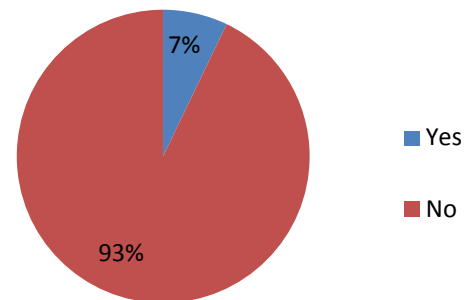


Certification and Formal Recognition

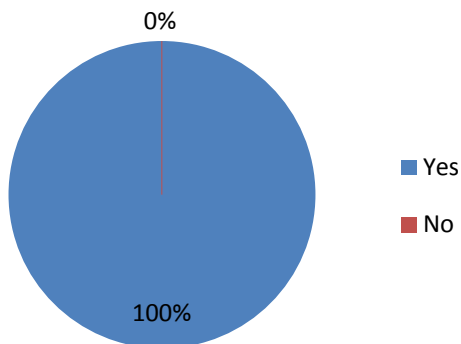
Did you have a Learning Agreement with defined learning outcomes drawn up before your mobility period?



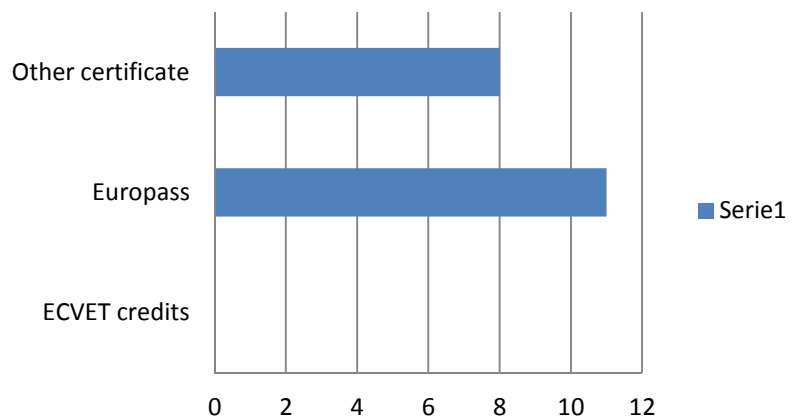
Was your Learning Agreement changed during your mobility period?



Were the learning outcomes from your mobility period recognized?

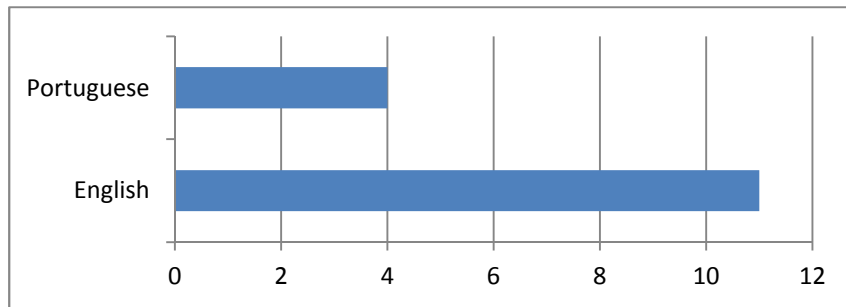


How?

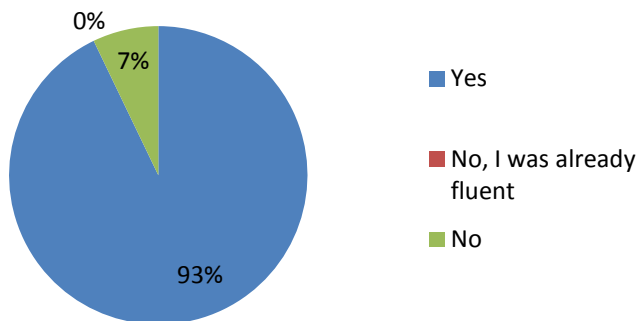


Foreign Language Skills and Linguistic Support

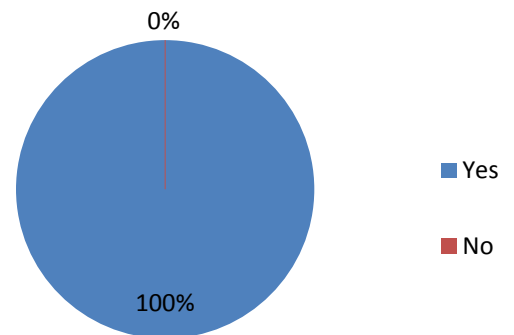
What was the main language used during your mobility activity?



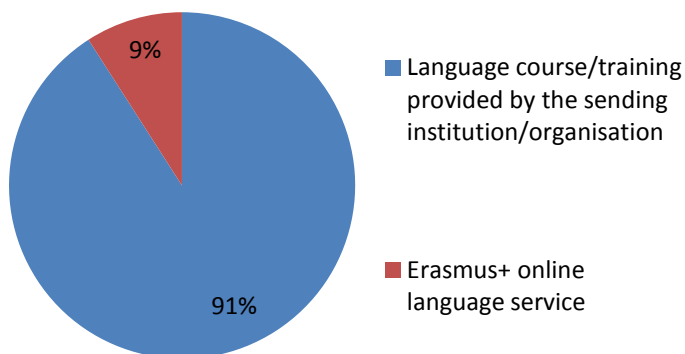
Do you feel you have improved your skills in this language during your stay abroad?



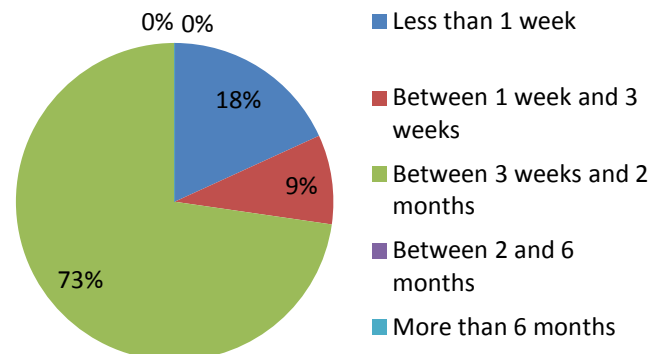
Did you take advantage of linguistic support in learning this main language?



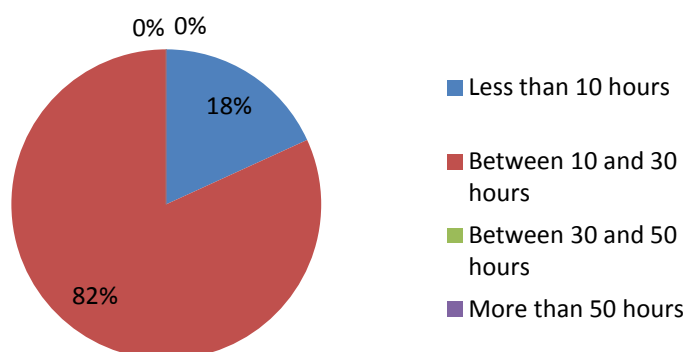
What kind of support did you receive?



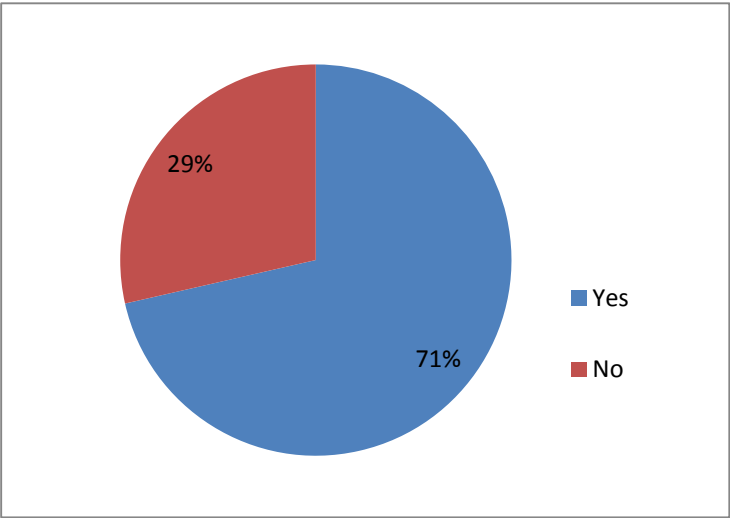
For how long did you receive linguistic support in total?



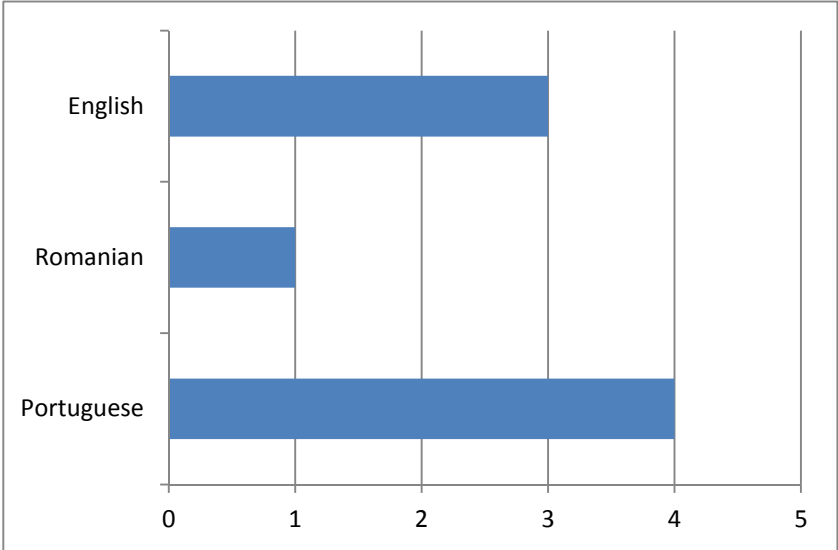
Approximately, for how many hours in total?



While staying abroad, did you improve your competence in other languages besides the main one used?



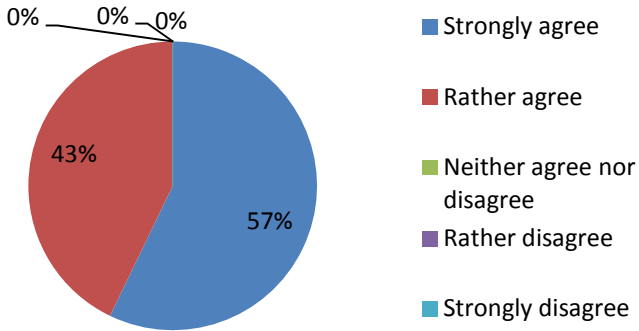
Which were those languages?



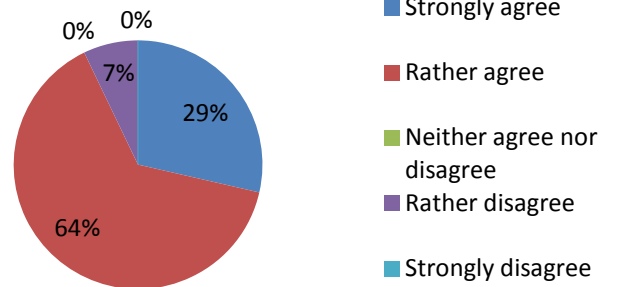
Personal Development

Through my participation in this activity I learned better how to...

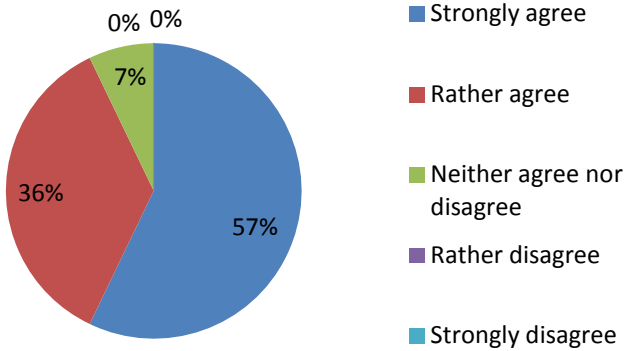
think logically and draw conclusions
(analytical skills)



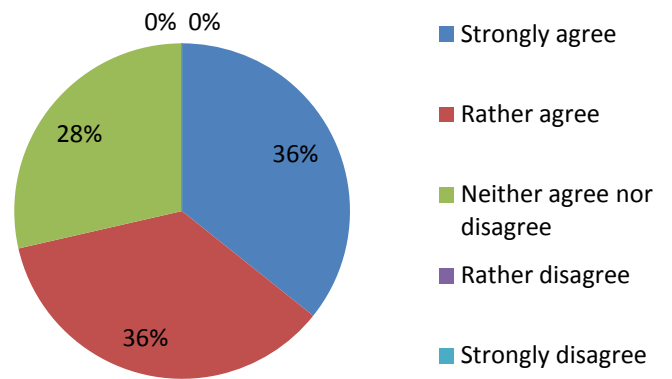
find solutions in difficult or
challenging contexts (problem-solving
skills)



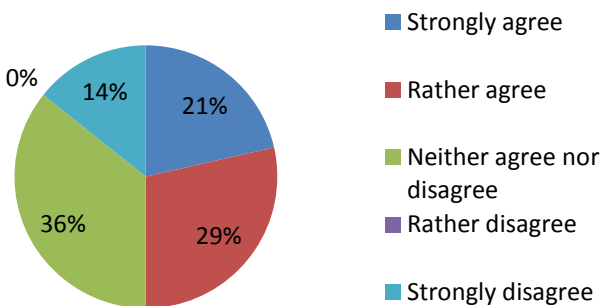
plan and carry out my learning
independently



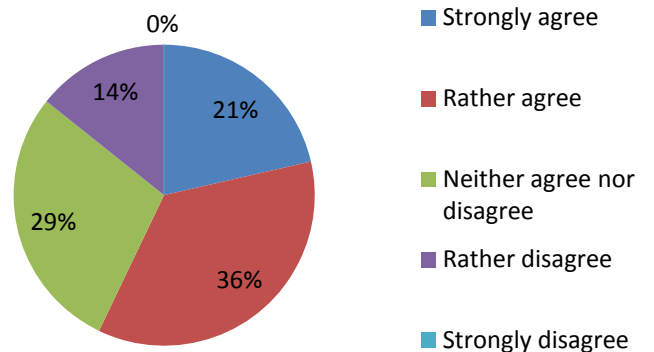
express myself creatively



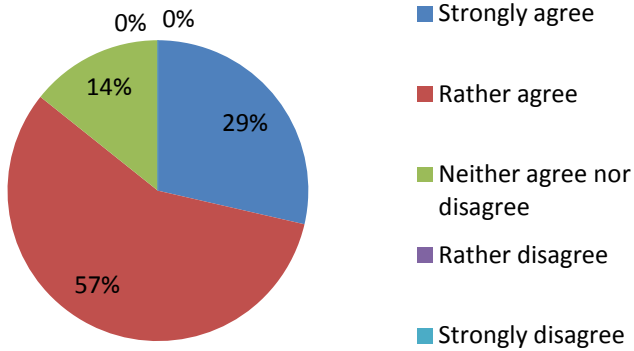
use internet, social media and PCs ,
e.g. for my studies, work and
personal activities



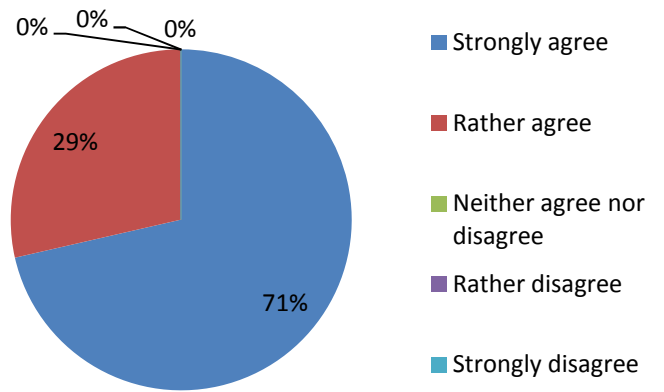
communicate and express myself in
my mother tongue



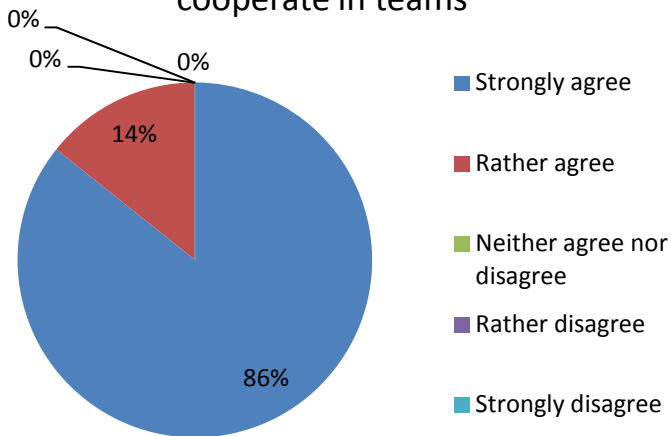
develop an idea and put it into practice



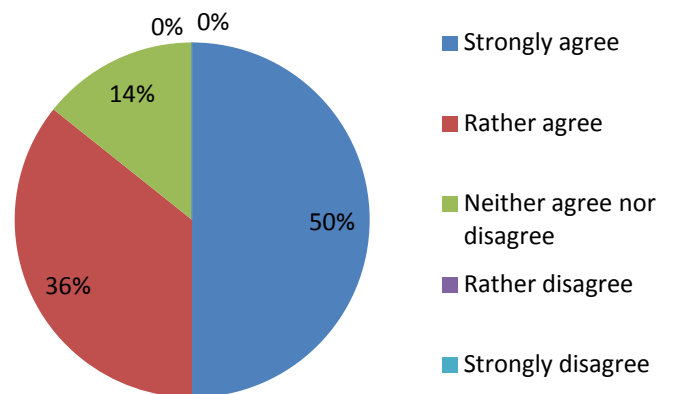
see the value of different cultures



cooperate in teams

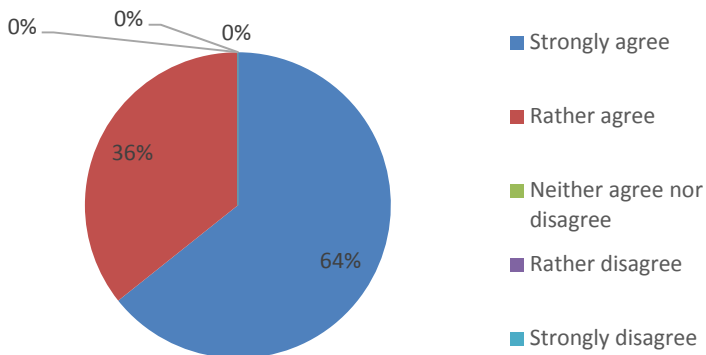


plan and organise tasks and activities

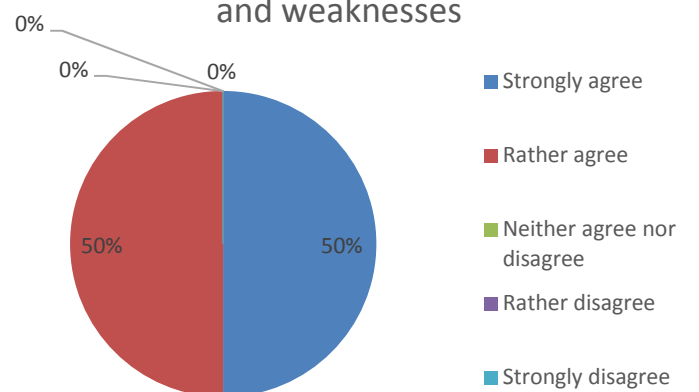


After having taken part in this mobility activity...

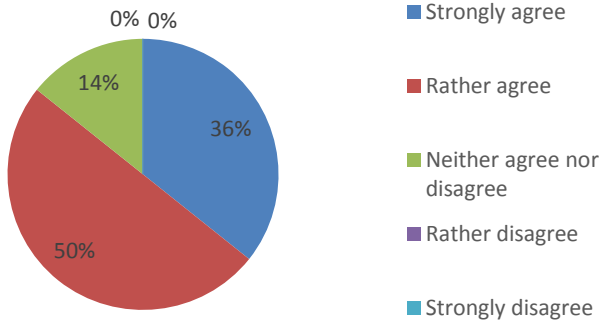
I am more confident and convinced of my abilities



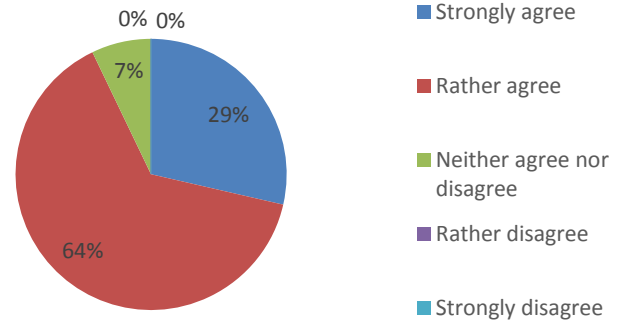
I know better my strengths and weaknesses



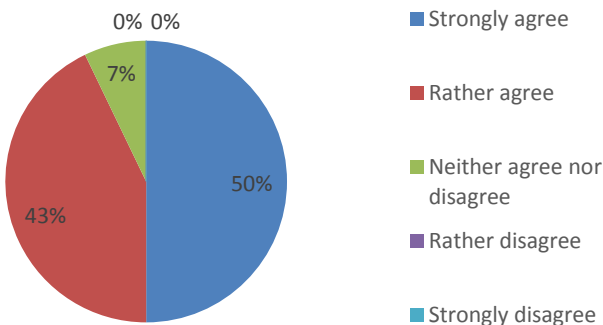
I am more able to adapt and to act in new situations



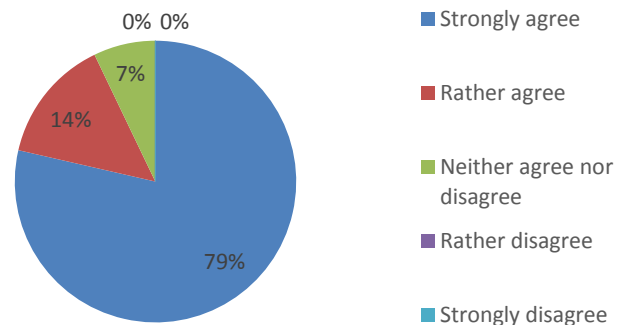
I am more able to think and analyse information critically



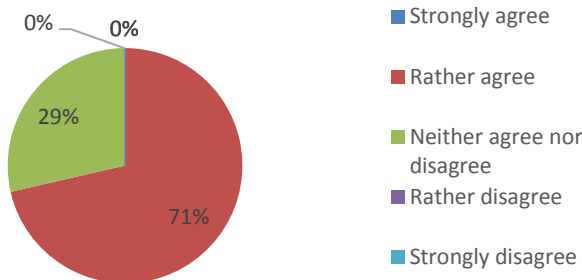
I am more tolerant towards other persons' values and behaviour



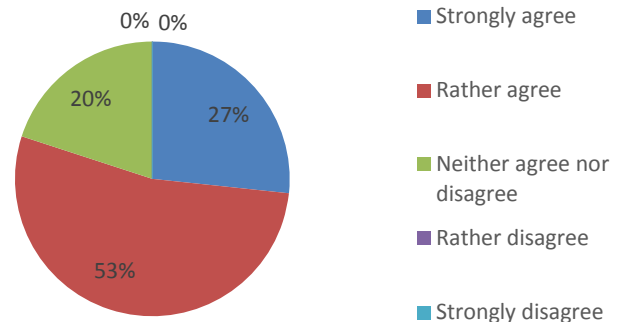
I am more open-minded and curious about new challenges



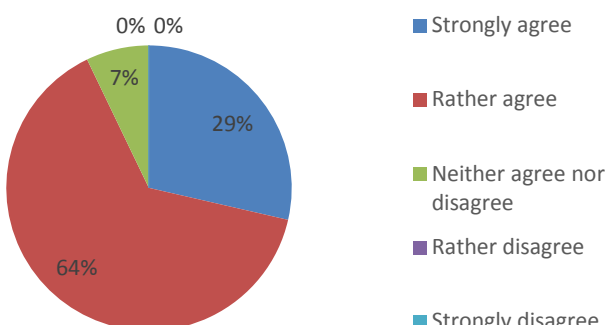
I intend to participate more actively in social and political life of my community



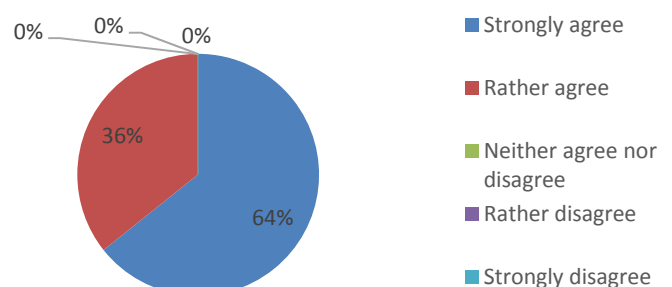
I am more interested in knowing what happens in the world daily



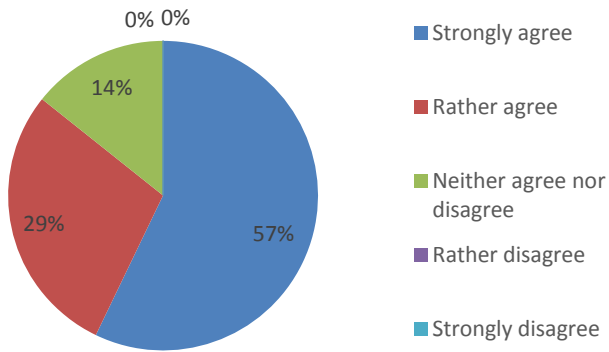
I am more able to reach decisions



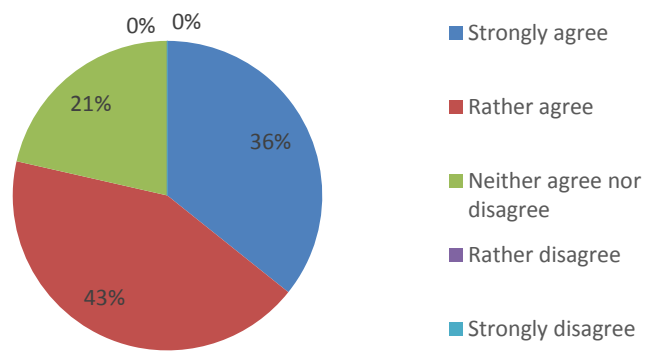
I am more able to cooperate with people from other backgrounds and cultures



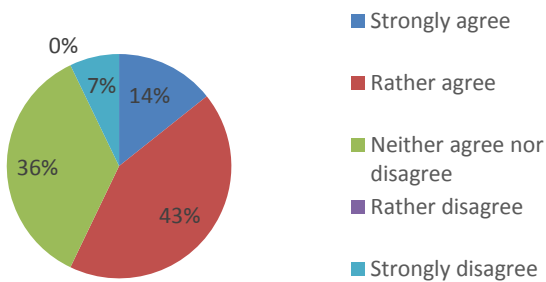
I am more interested in European topics



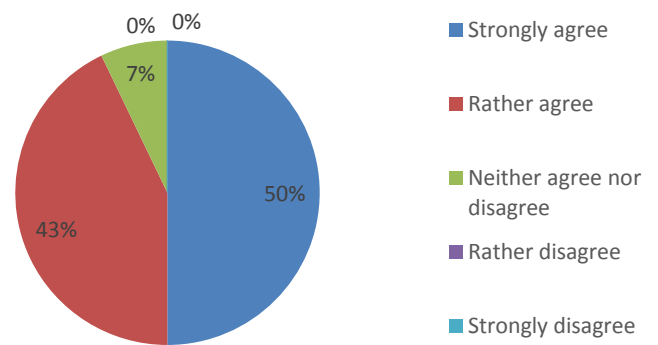
I feel more European



I am more aware of social and political concepts like democracy, justice, equality, citizenship, civil rights



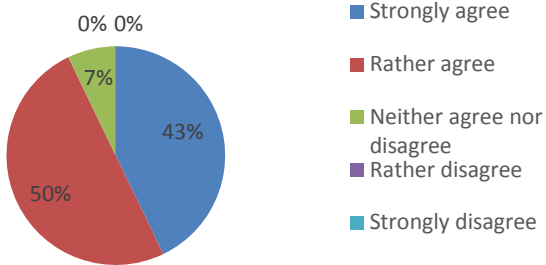
I improved my technical/professional skills/competences



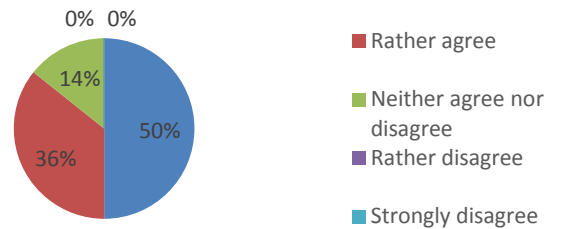
Future Prospects of Education, Training and Work

Thanks to this mobility experience:

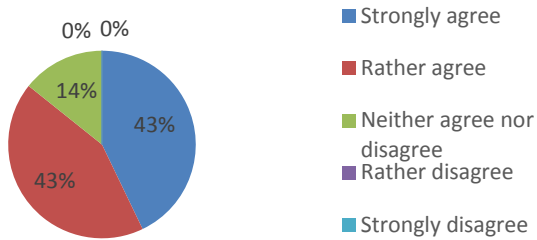
I believe that my chances to get a new or better job have increased



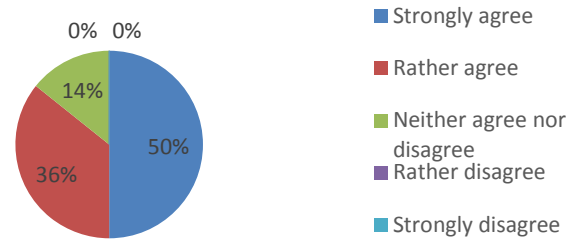
I have a clearer idea about my professional career aspirations and goals



I have better opportunities for internships or jobs in my home country

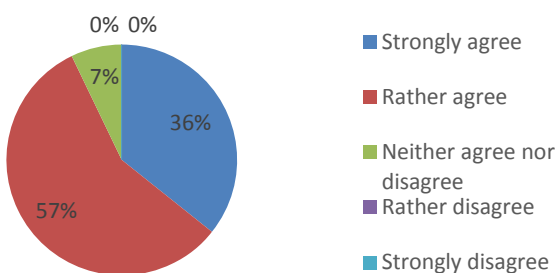


I am better capable of taking over work tasks with high responsibility after my stay abroad

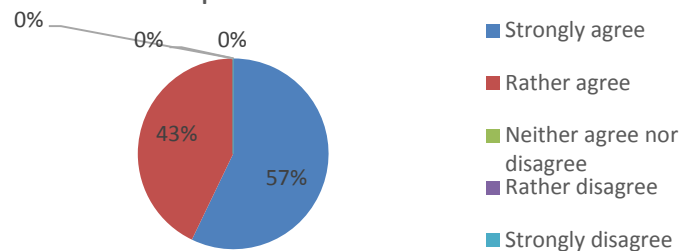


How has the stay abroad changed the way you see your future work?

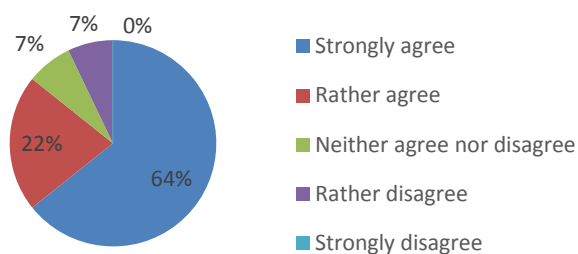
I can easily imagine working abroad at some point in the future



I can easily imagine working in the country where I did my Erasmus+ period in the future



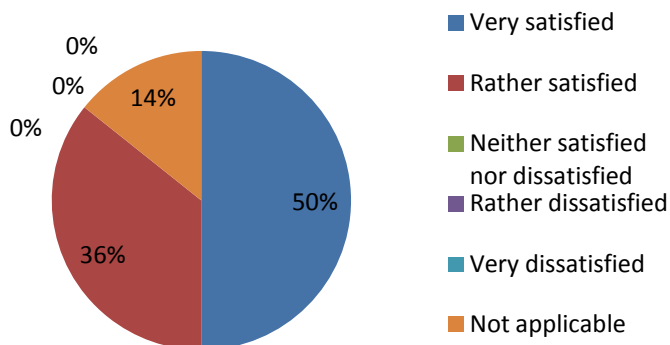
I would like to work in an international context



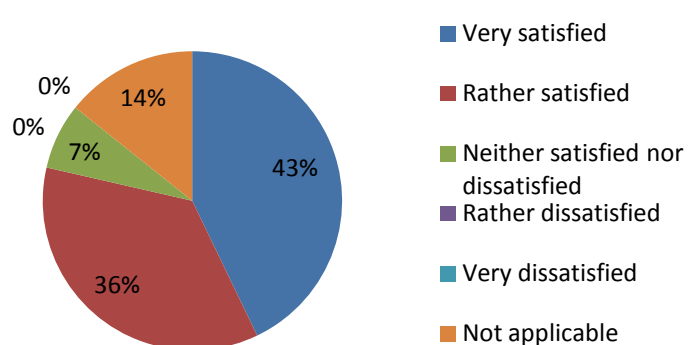
Practical and Organisational Arrangements

How satisfied were you with assistance related to visa issues?

Provided by the sending institution

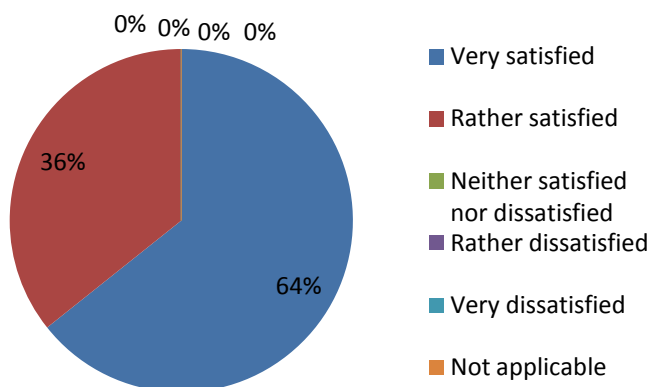


Provided by the receiving institution

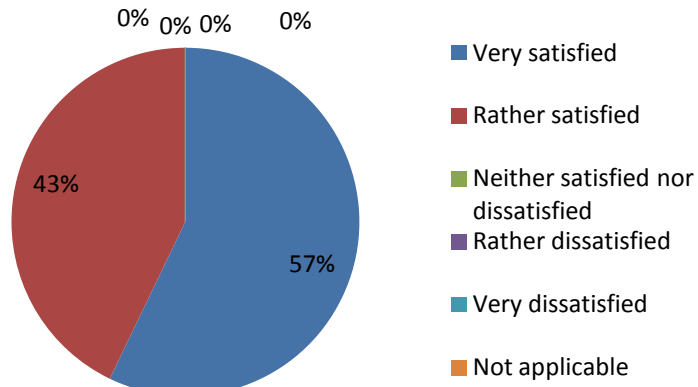


How satisfied were you with assistance related to insurance issues?

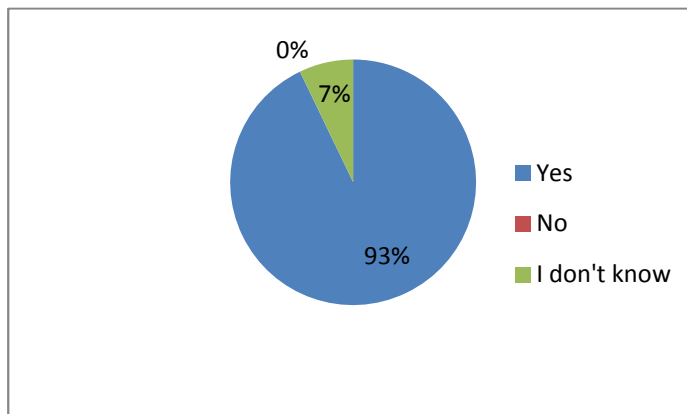
Provided by the sending institution



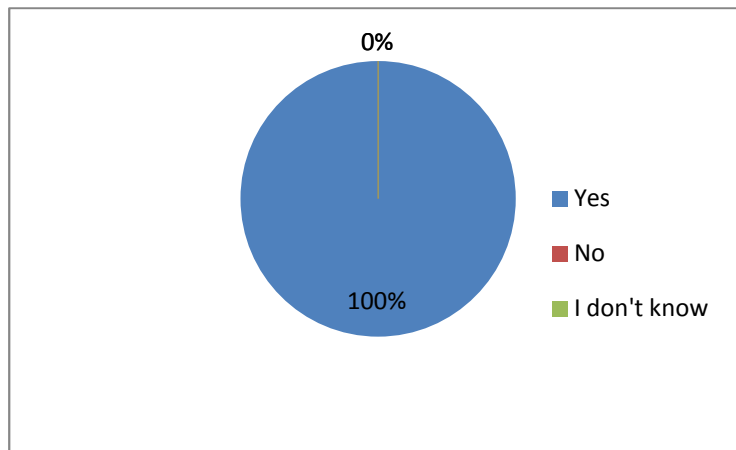
Provided by the receiving institution



Was the selection procedure at your sending institution fair and transparent?

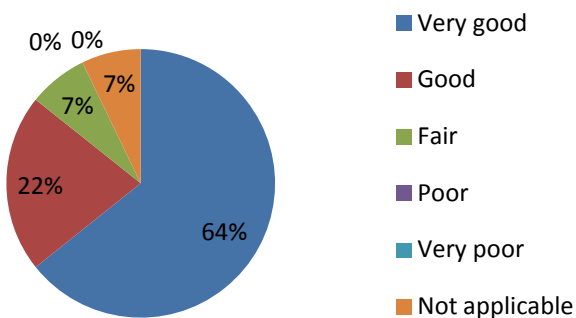


Was equal treatment ensured by the receiving institution during your participation in the programme?

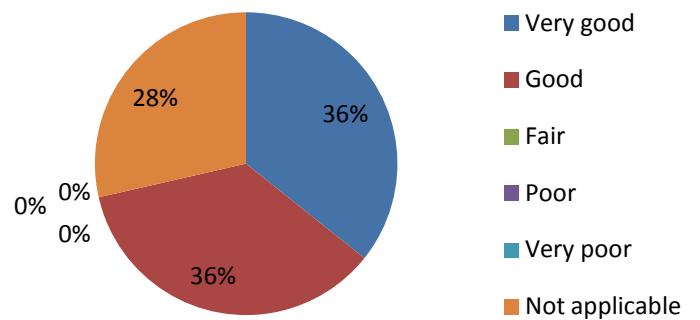


How would you consider your degree of integration?

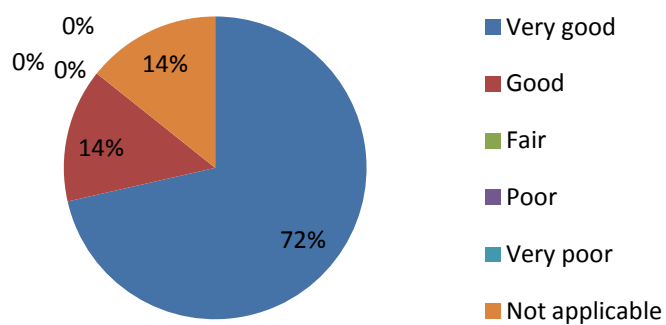
In the everyday life of the receiving institution



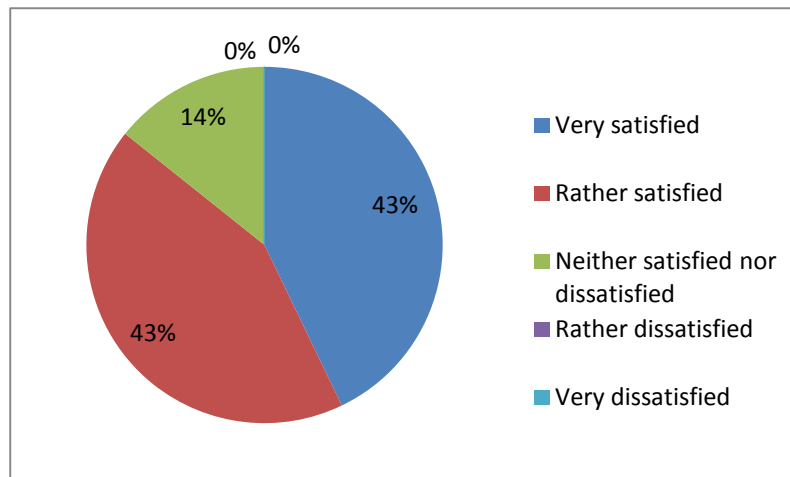
With local students



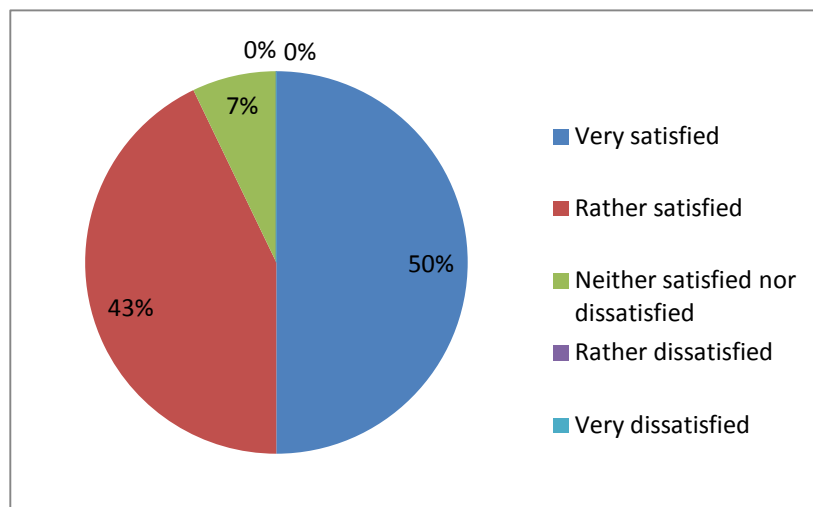
With other Erasmus+ / international students



How satisfied were you with the mentoring and support arrangements provided by the receiving institution?

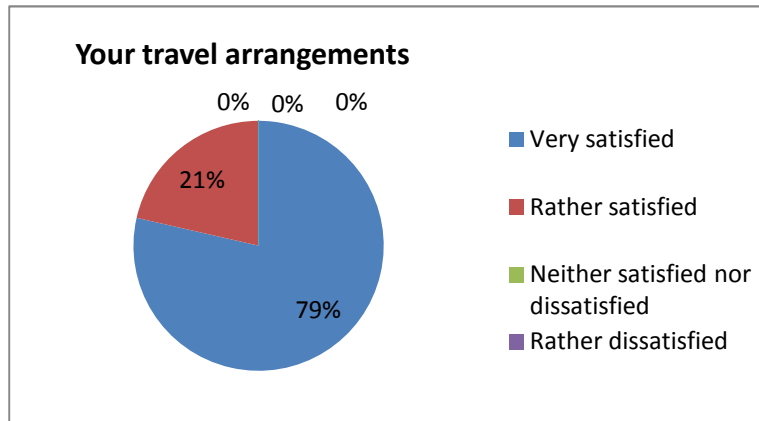
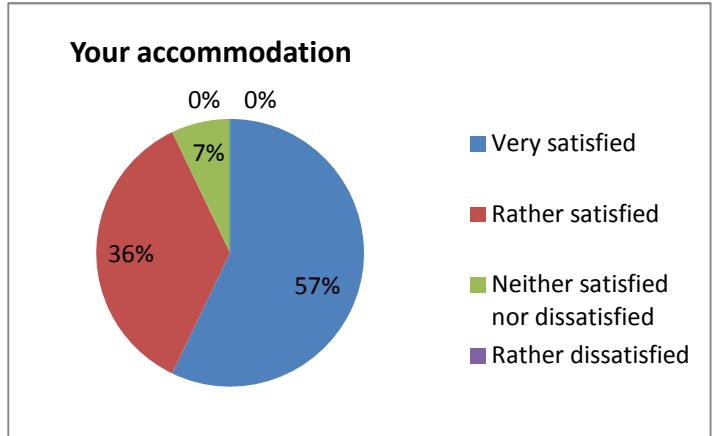
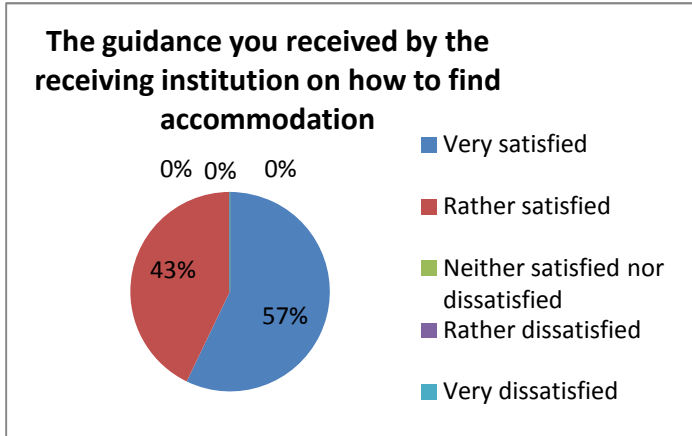


How satisfied were you with the way the receiving institution dealt with any questions, complaints or problems that may have come up during your participation in the programme?



Accommodation and Infrastructure

How satisfied are you with your accommodation and travel arrangements?



How would you rate the facilities at the receiving institution?

